



**A FUN CHALLENGE FOR
EVERY BODY
DISTANCES FOR ALL FITNESS LEVELS AND AGES**



FUNathlon is a fun event for women filled with a fantastic day of personal achievements. The FUNathlon goals include **challenge, participation** and **fun** as well as recognising and highlighting the achievements of Barbadian women.

No times are recorded – Just have fun & have a go!

Saturday, March 22nd 2014
4:00pm RACE | 5:00pm Crossfit Challenge | 5:30pm MOVEathlon
Barbados Olympic Center, Wildey

FUNathlon

SWIM 100m | RIDE 3K | RUN 1K

GROUP

GROUP NAME:

A GROUP is a group of 3+ persons who want to participate in the event under a “team” name while doing the whole race themselves.

1		5	
2		6	
3		7	
4		8	

RELAY TEAM

TEAM NAME:

A RELAY TEAM is 2 or 3 people doing the one race together with one person doing the swim, one doing the ride and another the run. One person can do 2 of the legs while the other does only one.

Team Swimmer	Name:		Contact #
	Email:		
Team Biker	Name		Contact #
	Email:		
Team Runner	Name		Contact #
	Email:		

FAMILY

FAMILY NAME:

FAMILY is 3 or more family members doing the whole race themselves, should consist of one of the following breakdowns: Must include one (1) or two (2) Adults and up to four (4) children. Minimum total required participants are three (3).

1		4	
2		5	
3		6	

INDIVIDUAL is a single entry that will complete each stage themselves unattached to any team, group or family.

Name:	Email:
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NOTE: Swim caps are required for the pool and helmets are required for the ride.



SCOOTathlon

SWIM 25m | RIDE 750m | RUN 250m



KIDS

NAME:

KIDS This is a fun event for children under 10 years of age, all finishers are winners. There will be NO prizes for first across the line. Every competitor will receive a certificate. Parents are allowed to participate and assist at all stages.

Gender: Boy Girl	Age:
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DOathlon

WALK 3K | RUN 3K

DOERS For persons who just want to participate in the celebration.

Name:	Email:
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PATSY CALLENDER CROSSFIT CHALLENGE



REGISTRATION FOR THIS EVENT CLOSSES ON FRIDAY 21ST MARCH at 5:00pm

CROSSFIT

CROSSFIT A (WOD) Work Out of the Day designed for teams of five (5) female athletes (over 16 years) actively affiliated with a National Federation and/or clubs. The WOD will be managed by coaches of Crossfit Island Fit and CF246. The winning team will receive a cheque. Judges decision is final. Teams must be in place and checked in on the day by 4:30pm. The WOD will be announced on the day of the event.

TEAM NAME:		FEDERATION/CLUB:	
1		4	
2		5	
3			

Agreement of Release of Liability

I am aware of the possible hazards of participating in this event. I believe that I am physically capable to participate in this event. I release the Barbados Olympic Association Inc. and all event volunteers, contributors, land and property owners and sponsors from my voluntary participation in this event. I agree to follow instructions given by event officials for safety purposes. I agree to obey all traffic laws. I understand that wearing of headphones, iPods or other audio devices that may impair my hearing can be dangerous during the running portion of this event. In signing this form I acknowledged that I have read this waiver and agree to the conditions.

If the participant is under 18 years of age:

Parents or guardians of minor. I, as parent or guardian of applicant hereby give my permission for my child/ward to enter the FUNathlon.

Participant Signature..... Parent Signature (if under 18)

Enquires: Barbados Olympic Association Inc. | 429-1998 | womenandsport@olympic.org.bb