



VERACRUZ 2014
XXII CENTRAL AMERICAN
AND CARIBBEAN GAMES

TECHNICAL MANUAL **TRIATHLON**

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VERACRUZ 2014



The background of the page is a light gray color with a large, stylized sunburst or gear-like pattern in a slightly darker shade of gray. The pattern consists of a central circle surrounded by a series of overlapping, rounded rectangular segments that radiate outwards, creating a mesh-like appearance.

TECHNICAL MANUAL

This document is susceptible to updates, it is highly recommended to consult our official website: www.veracruz2014.mx to get the most recent version of this manual

TRIATHLON

ITU

International Triathlon Federation

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DATE AND PLACE OF COMPETITION

The Triathlon competition at the XXII Central American and Caribbean Games, Veracruz 2014 will take place Saturday, November 15th and Sunday, November 16th, 2014 at Playa Gaviotas, Ver.

EVENTS AND MEDALS

The events announced for the Triathlon competition at the XXII Central American and Caribbean Games, Veracruz 2014 are:

Women's

Events	Medals		
	Gold	Silver	Bronze
Individual	1	1	1
Team	1	1	1
Total Medals Women's	2	2	2



Men's

Events	Medals		
	Gold	Silver	Bronze
Individual	1	1	1
Team	1	1	1
Total Medals Men's	2	2	2

Mixed

Events	Medals		
	Gold	Silver	Bronze
Mixed Relay	1	1	1
Total Medals Mixed	1	1	1
Total Medals Triathlon	5	5	5



COMPETITION FORMAT

INDIVIDUAL

The competition format will run according to the International Triathlon Union's (ITU) Competition Rules.

Time will begin with Swimming, the clock does not stop Running during the changes between Swimming and Cycling and from Cycling to Running.

There are no ties, the winner will be the athlete who crosses the finish line first with his or her torso, as is the case with athletics, therefore it is necessary to have photo finish available

Time-keeping: Time keeping in the competition will be subject to ITU's regulations on the topic, and, as is established, electronic timekeeping will be used.

Radio Frequency: will be based on chip technology and registering partial times for Swimming, Transition 1, Cycling, Transition 2, Running and Total time.

RELAY

Teams will be made up of 4 athletes, 2 female and 2 male competitors, selected among those entered for individual Triathlon.

Order of participation will be woman-man-woman-man. This sequence cannot be altered. Each athlete will cover the three events before the next participant can compete. The distances to be covered are 300m for Swimming, 8km for Cycling and 2km Running.



DISTANCES

Event	Gender	Sport
Individual Olympic Distance	Men's	Swimming: 1,500 m
	Women's	Cycling: 40 km
		Running: 10 km
Relay	Mixed	Swimming: 300 m
		Cycling: 8 km
		Running: 2 km



COMPETITION SCHEDULE

November 13th

Time	Technical Meeting	Observations
18:00	Preliminary Meeting	
20:30 to 22:00	Use of pool	Training and warm-up for athletes
20:30 to 22:00	Use of running track	Training and warm-up for athletes

November 14th

Time	Familiarization	Gender
8:00	Transportation from the village to the event venue	Both
9:00	Swimming practice	Both
10:00	Cycling practice	Both
	Use of gymnasium	Both
16:00	Use of pool	Both
18:00	Use of running track	Both



November 15th

Time	Event	Gender
6:30	Transportation from the Village to the Women's event	Women's
8:30	Women's event	Women's
9:00	Transportation from the Village to the Men's event	Men's
11:00	Men's event	Men's
13:15	Medal Ceremony	Both
14:00	Athletes return to the Village	Both
18:00	Mixed Relay Technical Meeting	

November 16th

Time	Event	Gender
8:00	Transportation from the Village to the mixed event	Both
10:00	Mixed Relay	Both
12:00	Medal Ceremony	Both

MAXIMUM NUMBER OF COMPETITORS

According to the CACSO established quota for Triathlon, there will be a maximum of 50 athletes: 20 women and 30 men.

The maximum number of competitors per country will be 3 athletes per gender, there may be up to 3 athletes per gender in individual events.



VERACRUZ 2014 QUALIFICATION SYSTEM

Will be as follows:

a) Slots per National Federation (NF).

Slots earned are for each NF, not for the specific athlete that earned it.

National Federations may select any eligible athletes according to this system.

The same athlete may not qualify for more than one slot per NF.

b) Slot assignment

1. Direct slots per competition:

- Women's slots 1 and 2. Total: **2 slots**
- Men's slots 1 and 2. Total: **2 slots**

The top 2 positions in the Central American and Caribbean Championship will earn slots for Veracruz 2014. The Championship will take place at a place and time to be announced.

2. Slots by Americas Ranking (PATCO) up to June 15th, 2014

- Slots 3 to 22 for men: Total: **20 slots**
- Slots 3 to 12 for women: Total: **10 slots**

Slots will be assigned to National Federations in placement order among the top ranked athletes; positions 1st to 125th of the American Ranking by the Pan American Triathlon Confederation (PATCO).

When a NF has already earned 3 slots, they may not earn any more, and thus, the next qualified NFs may earn slots in descending order.



If, 125th place has been qualified and there are still available slots, these may be assigned by invitation by UCECATRI.

3. Slots for host country (Mexico)

- Slots 23 to 25 for men: Total: **3 slots**
- Slots 13 to 15 for women: Total: **3 slots**

If Mexico earns a slot in any of the aforementioned assignments, these slots will be re-assigned by Americas Ranking by PATCO up to June 15th, 2014, starting on the last position used for item b) and up to 125th place. If 125th place is assigned and there are still available slots remaining, these may be assigned by invitation by UCECATRI.

4. Slots by invitation

- Slots 25 to 30 for men. Total: **5 slots**
- Slots 16 to 20 for women. Total: **5 slots**

These slots will be assigned by invitation from UCECATRI.

Outline

Men			Women	
No.	Slots	Slot assignment	Slots	No.
2	1 and 2	Central American and Caribbean Championship 2013	1 and 2	2
20	2 to 22	Americas Ranking up to June 15th, 2014	3 to 12	10
3	23 to 25	Host Country	13 to 15	3
5	26 to 30	Invitation letter	16 to 20	5
30		Total		20



c) UCECATRI will inform the Organizing Committee of the final slot assignment list no later than **August 1st, 2014**, so the affected NOCs are able to comply with the CACSO stipulated deadlines for entry by name and number.

Qualification system approval

This qualification system was approved by UCECATRI on November 7th, 2012.

TECHNICAL MEETING

- The Technical Meeting for the individual Triathlon event will take place **Thursday, November 13th, 2014** at the Central American and Caribbean Village at a time to be confirmed.
- The Technical Meeting for the mixed relay event will take place **Sunday, November 15th, 2014** at the Central American and Caribbean Village at a time to be confirmed.
- Up to two representatives from each NOC will be able to assist this Technical Meeting.
- The invitation card for the Technical Meeting will be available to the Heads of Team at the Sports Information Center at the Central American and Caribbean Village upon their arrival.
- The Technical Delegate and the Organizing Committee's Competition Manager for Triathlon will preside the meeting, which shall take place in Spanish and English.



TECHNICAL OFFICIALS

Technical Officials will be proposed by the Technical Delegate; the officials must be accepted by the International Triathlon Union and the Pan American Confederation, and will be sent to the national federations.

PROTESTS AND APPEALS

Competition jury must be brought together so as to review the protest or appeal, there must be a private area where these meetings can take place.

The procedure can be found in the international federation's competition rules:

http://www.triathlon.org/uploads/docs/itusport_competition-rules-2013_final.pdf

AUTHORIZED SPORTS EQUIPMENT

It is recommended to consult the international regulations, which include this information in detail.

QUALIFICATION TO TORONTO 2015

1st and 2nd positions in the XXII Central American and Caribbean Games, Veracruz 2014 will earn automatic slots for the XVI Pan American Games, Toronto 2015.



MEDAL CEREMONIES

Awards ceremonies will take place according to CACSO's General Regulations, Chapter XIII.

Individual Events:

- First place: Gold medal and diploma
- Second place: Silver medal and diploma
- Third place: Bronze medal and diploma

Team Events:

- First place: A diploma for the team and a gold medal and diploma for each athlete
- Second place: A diploma for the team and a silver medal and diploma for each athlete
- Third place: A diploma for the team and a bronze medal and diploma for each athlete.



COMPETITION VENUE

The Triathlon competition at the XXII Central American and Caribbean Games, Veracruz 2014 will take place at Playa Gaviotas in Boca del Rio, Veracruz.



